

OLYMPIC BARS

TRI-TRAP BAR

CONSTRUCTION: COLD ROLLED CARBON 45 STEEL

WEIGHT CAPACITY: 1500 LB. STATIC TEST

TENSILE STRENGTH: 165,000 PSI RATING

GRIP DIAMETER: 1.26" (32 MM.)

GRIPPING AREA LENGTH: 51.57" FROM SHOULDER TO SHOULDER

HASH MARKS: SINGLE RING OLYMPIC HASH MARKS

FINISH: ELECTROLESS NICKEL PLATING

BAR ROTATION: BRONZE BUSHING

SLEEVES: 5 6/8" LONG X 1.97" DIAMETER

END CAP: RUBBER RINGS PROTECT PLATE LOADING, USERS, & FLOORING

SLEEVE ASSEMBLY: COMPRESSION PIN

PLATE COMPATIBILITY: OLYMPIC PLATES WITH 2" CENTER HOLE

WEIGHT: 46 LBS.

The Hampton original "Tri-Trap" bar is a unique tool that allows users to do Shrugs, Rows, Hammer Curls and Triceps Extensions with a true biomechanic form. This bar offers true comfort!



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