

PLATES

OLYMPIC RUBBER



Hampton Olympic Grip (HOG) plates have an advanced design that makes them super-attractive and more functional than ever. These user-friendly plates have generous-sized grips, making them easy to pick up off of the floor and/or a rack, and the recessed design all but eliminates the risk of pinched fingers when stacking. Before, attempting to peel a 45-pound plate off the floor was a laborious and potentially dangerous task. With our clever design, this is an issue of the past. Utilizing slim grips, the user can maneuver the plate with ease. Hampton Olympic Grip plates are available in 3 versions: Iron, Rubber- and Urethane-covered. The urethane plates, which have stainless steel hubs, and the urethane coatings are backed by a 5-year commercial warranty. The structural integrity of all of the Hampton HOG plates are warranted for 5 years as well.

Hampton's rubber grip plates are fully encased in high-quality rubber preventing scratches to floors and equipment. The Hampton Rubber Grip plate has a recessed area around the ergonomically curved handle, making it easy to pick up off the floor.



Item	Plate	Hole	Thickness
HOGR-2.5LB	165 mm	51 mm	23 mm
HOGR-5LB	205 mm	51 mm	26 mm
HOGR-10LB	255 mm	51 mm	46 mm
HOGR-25LB	315 mm	51 mm	56 mm
HOGR-35LB	375 mm	51 mm	54 mm
HOGR-45LB	450 mm	51 mm	51 mm
HOGR-100LB	450 mm	51 mm	82 mm

