

OLYMPIC BARS

MULTI-HEX DEADLIFT BAR

CONSTRUCTION: COLD ROLLED CARBON 45 STEEL

FINISH: ELECTROLESS NICKEL PLATING

BAR ROTATION: BRONZE BUSHING

SLEEVE LENGTH: 9.5"

PLATE COMPATIBILITY: OLYMPIC PLATES WITH 2" CENTER HOLE ONLY

WEIGHT: 60 LBS.

The Hampton original "Rock and Rack" system is the only Hex Bar that you can load your plates onto without having to labor to lift each end of the bar. The "High / Low" gripping options accommodate any height athlete. Simply the best!



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