

DUMBBELLS

GEL-GRIP® DUMBBELLS

Hampton's Gel-Grip® dumbbells are premium urethane weights. No other dumbbell attracts more attention and excitement than the Gel-Grip® Series Dumbbell. Our new Gel-Grip® handles are ergonomically designed. They are contoured to support the hand's natural curve for a comfortable, solid grip. The outside shoulders of each handle have been expanded to 50 millimeters, which centers the handle and eliminates the painful impact that is typically found with traditional handles that slide during workouts. Our stainless steel faceplates offer custom-engraved decals for your brand-name recognition.



Pair Item #	Individual Weight	Total Pair Weight	Pair Item #	Individual Weight	Total Pair Weight
GGUDB-5	5 lbs	10 lbs	GGUDB-70	70 lbs	140 lbs
GGUDB-10	10 lbs	20 lbs	GGUDB-75	75 lbs	150 lbs
GGUDB-15	15 lbs	30 lbs	GGUDB-80	80 lbs	160 lbs
GGUDB-20	20 lbs	40 lbs	GGUDB-85	85 lbs	170 lbs
GGUDB-25	25 lbs	50 lbs	GGUDB-90	90 lbs	180 lbs
GGUDB-30	30 lbs	60 lbs	GGUDB-95	95 lbs	190 lbs
GGUDB-35	35 lbs	70 lbs	GGUDB-100	100 lbs	200 lbs
GGUDB-40	40 lbs	80 lbs	GGUDB-105	105 lbs	210 lbs
GGUDB-45	45 lbs	90 lbs	GGUDB-110	110 lbs	190 lbs
GGUDB-50	50 lbs	100 lbs	GGUDB-115	115 lbs	200 lbs
GGUDB-55	55 lbs	110 lbs	GGUDB-120	120 lbs	220 lbs
GGUDB-60	60 lbs	120 lbs	GGUDB-125	125 lbs	240 lbs
GGUDB-65	65 lbs	130 lbs	GGUDB-130	130 lbs	260 lbs

GEL-GRIP DUMBBELL CLUB PACKS				
Item #	Pairs	Increments	Rack	Total Weight
CP-GGUDB-5-50	10	5-50 in 5 lb inc.	2T-SDL-10	750 lbs
CP-GGUDB-55-100	6	55-100 in 5 lb inc.	2T-SDL-6	480 lbs
CP-GGUDB-3T	20	5-100 in 5 lb inc.	(2) 2T-SDL-10	2500 lbs
CP-GGUDB-3T-15	6	105-130 in 5 lb inc.	2T-SDL-6	1560 lbs



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GEL-GRIP[®] DUMB- BELLS



Item	Total Length	Handle Length	Handle Max.	Handle Min.	Head	Head Thickness
GGUDB-5LB	180 mm	140 mm	38 mm	33 mm	135 mm	20 mm
GGUDB-7.5LB	180 mm	140 mm	38 mm	33 mm	135 mm	20 mm
GGUDB-10LB	180 mm	140 mm	38 mm	33 mm	160 mm	20 mm
GGUDB-12.5LB	190 mm	140 mm	38 mm	33 mm	160 mm	25 mm
GGUDB-15LB	190 mm	140 mm	38 mm	33 mm	182 mm	25 mm
GGUDB-17.5LB	196 mm	140 mm	38 mm	33 mm	180 mm	28 mm
GGUDB-20LB	190 mm	140 mm	38 mm	33 mm	207 mm	25 mm
GGUDB-22.5LB	197 mm	140 mm	38 mm	33 mm	207 mm	28.5 mm
GGUDB-25LB	202 mm	140 mm	38 mm	33 mm	207 mm	31 mm
GGUDB-27.5LB	208 mm	140 mm	38 mm	33 mm	207 mm	34 mm
GGUDB-30LB	212 mm	140 mm	38 mm	33 mm	207 mm	36 mm
GGUDB-32.5LB	218 mm	140 mm	38 mm	33 mm	207 mm	39 mm
GGUDB-35LB	222 mm	140 mm	38 mm	33 mm	207 mm	41 mm
GGUDB-37.5LB	231 mm	140 mm	38 mm	33 mm	207 mm	45.5 mm
GGUDB-40LB	232 mm	140 mm	38 mm	33 mm	207 mm	46 mm
GGUDB-42.5LB	242 mm	140 mm	38 mm	33 mm	207 mm	51 mm
GGUDB-45LB	242 mm	140 mm	38 mm	33 mm	207 mm	51 mm
GGUDB-47.5LB	254 mm	140 mm	38 mm	33 mm	207 mm	57 mm
GGUDB-50LB	252 mm	140 mm	38 mm	33 mm	207 mm	56 mm
GGUDB-55LB	262 mm	140 mm	38 mm	33 mm	207 mm	61 mm
GGUDB-60LB	272 mm	140 mm	38 mm	33 mm	207 mm	66 mm
GGUDB-65LB	282 mm	140 mm	38 mm	33 mm	207 mm	71 mm
GGUDB-70LB	292 mm	140 mm	38 mm	33 mm	207 mm	76 mm
GGUDB-75LB	302 mm	140 mm	38 mm	33 mm	207 mm	81 mm
GGUDB-80LB	312 mm	140 mm	38 mm	33 mm	207 mm	86 mm
GGUDB-85LB	322 mm	140 mm	38 mm	33 mm	207 mm	91 mm
GGUDB-90LB	332 mm	140 mm	38 mm	33 mm	207 mm	96 mm
GGUDB-95LB	342 mm	140 mm	38 mm	33 mm	207 mm	101 mm
GGUDB-100LB	352 mm	140 mm	38 mm	33 mm	207 mm	106 mm
GGUDB-105LB	262 mm	140 mm	38 mm	33 mm	207 mm	111 mm
GGUDB-110LB	372 mm	140 mm	38 mm	33 mm	207 mm	116 mm
GGUDB-115LB	382 mm	140 mm	38 mm	33 mm	207 mm	121 mm
GGUDB-120LB	392 mm	140 mm	38 mm	33 mm	207 mm	126 mm
GGUDB-125LB	402 mm	140 mm	38 mm	33 mm	207 mm	131 mm
GGUDB-130LB	412 mm	140 mm	38 mm	33 mm	207 mm	136 mm