

DUMBBELLS

CHROME BEAUTY GRIP

The European style design is what sets Hampton Chrome Beauty Grips apart from all the rest. Inlaid urethane grips makes these dumbbells as easy to handle as they are on the eye. Hydraulically pressed heads create a permanent bond with the handle. The nickelplated chrome has the strongest finish in the industry.



Pair Item #	Individual Weight	Total Weight
CBGR-2.5	2.5 lbs	5 lbs
CBGR-5	5 lbs	10 lbs
CBGR-7.5	7.5 lbs	15 lbs
CBGR-10	10 lbs	20 lbs
CBGR-12.5	12.5 lbs	25 lbs
CBGR-15	15 lbs	30 lbs
CBGR-17.5	17.5 lbs	35 lbs
CBGR-20	20 lbs	40 lbs
CBGR-22.5	22.5 lbs	45 lbs
CBGR-25	25 lbs	50 lbs
CBGR-27.5	27.5 lbs	55 lbs
CBGR-30	30 lbs	60 lbs
CBGR-35	35 lbs	70 lbs
CBGR-40	40 lbs	80 lbs
CBGR-45	45 lbs	90 lbs
CBGR-50	50 lbs	100 lbs



HORIZONTAL CHROME BEAUTY GRIP CLUB PACKS				
Item #	Pair Set	Rack	Total Weight	Increments
CP-CH-3T	12	3T-CD-12	515 lbs	2.5, 5, 7.5, 10, 12.5, 15, 17.5, 20, 22.5, 25, 27.5 & 30 lbs

VERTICAL CHROME BEAUTY GRIP CLUB PACKS				
Item #	Pair Set	Rack	Total Weight	Increments
CP-CH-V5	5	MV-2-5	175 lbs	5, 10, 15, 20 & 25 lbs
CP-CH-V8	8	V-2-8	240 lbs	2.5, 5, 7.5, 10, 12.5, 15, 20 & 25 lbs
CP-CH-V10	10	V-2-8	325 lbs	2.5, 5, 7.5, 10, 12.5, 15, 17.5, 20, 22.5 & 25 lbs



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Item	Total Length	Handle Length	Handle Max.	Handle Min.	Head	Head Thickness
CBGR-2.5LB	167 mm	127 mm	31 mm	22.5 mm	58 mm	20 mm
CBGR-5LB	205 mm	127 mm	31 mm	22.5 mm	62 mm	39 mm
CBGR-7.5LB	221 mm	127 mm	31 mm	22.5 mm	73 mm	47 mm
CBGR-10LB	229 mm	127 mm	31 mm	22.5 mm	83 mm	51 mm
CBGR-12.5LB	245 mm	127 mm	31 mm	22.5 mm	88 mm	59 mm
CBGR-15LB	255 mm	127 mm	31 mm	22.5 mm	93 mm	64 mm
CBGR-17.5LB	261 mm	127 mm	35 mm	26 mm	98 mm	67 mm
CBGR-20LB	271 mm	127 mm	35 mm	26 mm	102 mm	72 mm
CBGR-22.5LB	287 mm	127 mm	35 mm	26 mm	103 mm	80 mm
CBGR-25LB	291 mm	127 mm	35 mm	26 mm	107 mm	82 mm
CBGR-27.5LB	307 mm	127 mm	35 mm	26 mm	108 mm	90 mm
CBGR-30LB	309 mm	127 mm	35 mm	26 mm	112 mm	91 mm
CBGR-35LB	323 mm	127 mm	35 mm	26 mm	117 mm	98 mm
CBGR-40LB	327 mm	127 mm	35 mm	26 mm	126 mm	100 mm
CBGR-45LB	337 mm	127 mm	35 mm	26 mm	131 mm	105 mm
CBGR-50LB	345 mm	127 mm	35 mm	26 mm	136 mm	109 mm



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