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CONSTRUCTION: COLD ROLLED CARBON 45 STEEL WEIGHT CAPACITY: 700 LB. STATIC TEST TENSILE STRENGTH: 135,000 PSI RATING GRIP DIAMETER: 1.18" (30 MM.) GRIPPING AREA LENGTH: 51.57" FROM SHOULDER TO SHOULDER HASH MARKS: SINGLE RING OLYMPIC HASH MARKS FINISH: ELECTROLESS NICKEL PLATING BAR ROTATION: BRONZE BUSHING SLEEVES: 15 3/8" LONG X 1.97" DIAMETER SLEEVE ASSEMBLY: COMPRESSION PIN END CAPS: RUBBER RINGS PROTECT PLATE LOADING, USERS, & FLOORING PLATE COMPATIBILITY: OLYMPIC PLATES WITH 2" CENTER HOLE ONLY WEIGHT: 42 LBS.

The 7' International Bar features an Electroless Nickel Plating Finish with 700 lb. test - 135,000 PSI rating - 30mm. handle. This Olympic bar is also designed to flex during Cleans, Squats and Bench press. This is the perfect bar for the experienced fitness enthusiast. Commercial or Home use.



