

## SLAM BALLS

Whether you're working your triceps, abdomen, or shoulders, HeroStrength® has the right product for your exercise needs to increase explosive power for athletes in all sports. The HeroStrength® Slam Ball has a tough rubber outer shell filled with a mixture of sand, iron granules, and adjustable air and helps develop power, strength, and speed. Able to withstand all your powerful slams while increasing your heartbeat and burning more calories.

- Available in a wide selection of weights and offered in a bold Blue/ Black outer coloring that is resilient to your hardest slams.
- Warranty: 1 year

ITEM #	WEIGHT	COLOR
HSB-4	4 lbs	Black
HSB-6	6 lbs	Black
HSB-8	8 lbs	Black
HSB-10	10 lbs	Black
HSB-12	12 lbs	Black
HSB-15	15 lbs	Black
HSB-18	18 lbs	Black
HSB-20	20 lbs	Black
HSB-25	25 lbs	Black
HSB-30	30 lbs	Black
CP-HDHMB-5	1 ea. of 4, 6, 8, 10 , 121b. balls + 1 HMBV-5 Rack	
CP-HDHMB-10	1 ea. of 4, 6, 8, 10, 12, 15, 18, 20, 25, & 30lb balls + 1 HMBV-10 Rack	



STRENG

HEI

CP-HSB-5

CP-HSB-10